Growth Mindset

Change your words, change your mind

Instead of...

- I'm not good at this.
- I give up.
- This is too hard.
- I made a mistake.
- I can't do this.

Try saying...

- What am I **missing**?
- I'll try a **different strategy**.
- This may take some **time**.
- Mistakes help me **learn**.
- I can't do this **yet**.